



User Guide

I. Getting started

How do I access FreeviewPlus?

The first thing you need to do is connect your FreeviewPlus receiver to the internet to enjoy the many features of FreeviewPlus. Your manufacturer manual will have information on how to do this.

How does it work?

When you're watching TV with your FreeviewPlus receiver, you'll briefly see a prompt at the top left of the screen.

Press the green button on your remote to launch FreeviewPlus.

The first time you do this, you'll see a prompt that advises you that you're entering broadband internet. After pressing 'Let's Go', you'll be asked to enter your postcode so we can ensure you get the right TV programs for your region.

Use the number pad on your remote control. Once you've pressed 'OK', a screen will appear showing the most commonly used buttons on the remote for FreeviewPlus. Once you've pressed 'Don't show me this again', you'll be taken to the FreeviewPlus mini guide.

In the mini guide, you can see what's on now and what's on next in a three channel view.

Your remote control has all the buttons to navigate through FreeviewPlus.

Use your arrow keys to navigate up, down, left and right. Press the 'OK' button in the centre to activate your selection.

Use the 'Back or Return' button to go back at any point, and the coloured buttons to bring up FreeviewPlus features.

From the mini guide, if you press the 'green' button, you can go to the **Guide**.

So how do I exit?

You can exit FreeviewPlus at any time by pressing the 'red' button.

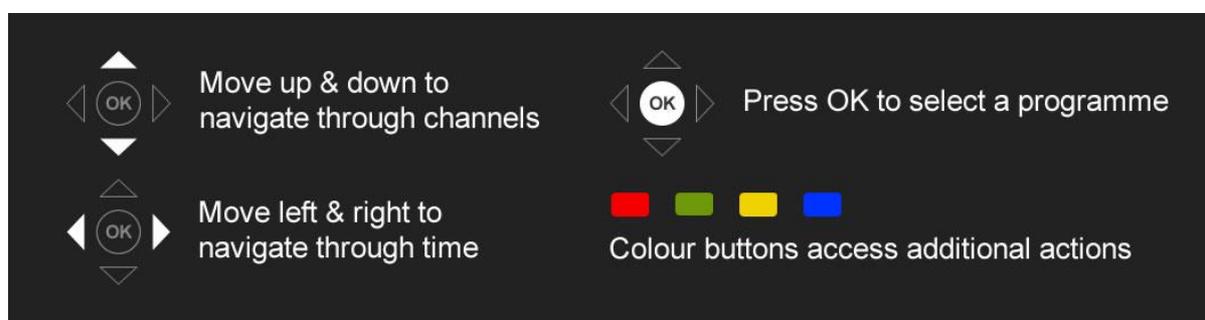
2. Using the Electronic Program Guide

What is the Electronic Program Guide and how do I use it?

If you want to know what's on now, what's on next or what's on later in the week, the FreeviewPlus Electronic Program Guide has all the answers. For a quick snapshot of what's on, use the mini guide with a three channel view or to see more on screen, use the **Guide**, which has a five channel view of what's on.

How do I navigate around?

Use the coloured buttons, arrow keys, 'OK' and 'Back' or 'Return' buttons to move through the **Guide**. Press red at any time to exit FreeviewPlus.



What if I'm just watching TV as normal?

Whenever you're watching TV, press the green button on your remote to launch the mini guide.

Press the 'green' button again to launch the **Guide**.

The mini guide will stay on the screen for 15 seconds, and the green highlight shows you where you are within the guide. You can change the length of time the mini guide stays on the screen via **Settings** in the **Menu**.

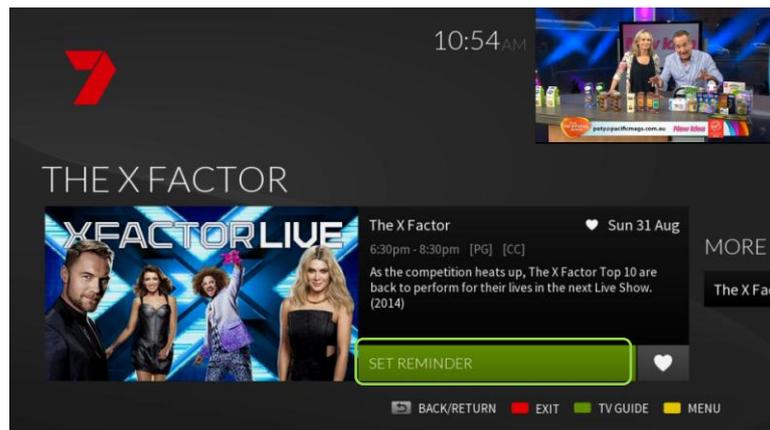


What does the mini guide do?

The mini guide gives you a quick snapshot of what's on now, and you can arrow right to see what's on next and later, and use the up/down arrows to see what's on other channels.

You can find out more about a program by pressing 'OK' on the highlighted program. Here you'll find out more information about the show.

In the program description screen, you can set a reminder if **'Set Reminder'** is highlighted by pressing 'OK'.



You'll see a prompt at the top of the screen showing it has been set, or if there is an option to set a reminder for a series or episode, you just need to press 'OK' on your preference. If you want to cancel the reminder, press 'cancel reminder'.

You can also arrow right to the heart symbol and press 'OK' to make a program a favourite.

Arrow right again and FreeviewPlus will show you other episodes available for the program, and even other programs you may like.

You can press 'OK' on any program and find more information.

Press the 'Back' or 'Return' button to get back to the mini guide.

Whatever channel you're on, you can arrow left on your remote to go backwards into Catch Up TV if Catch Up is available on that channel.

From here, press 'OK' on any program displaying 'Play Now' to watch the Catch Up program.

You can arrow left seven days and select any program on any day to watch, or you can go directly to the network Catch Up service by pressing 'OK' where you see the prompt for **'More'** from that service.

In the mini guide, you can also set or cancel reminders for upcoming programs by pressing the blue button.

Press blue again to cancel the reminder.

From the mini guide, press the green button again to gain access to the **Guide** with a five channel view of what's on.

You can see more channels by using the up and down arrows. Arrow left into Catch Up TV or arrow right for what's on now, next and later.

Press 'OK' on a highlighted program for more information, and to set a reminder or favourite.

Arrow right to view more episodes available from the program or find more shows that are similar to the show you're watching.

Press the 'Back' or 'Return' button to go back to the Guide.

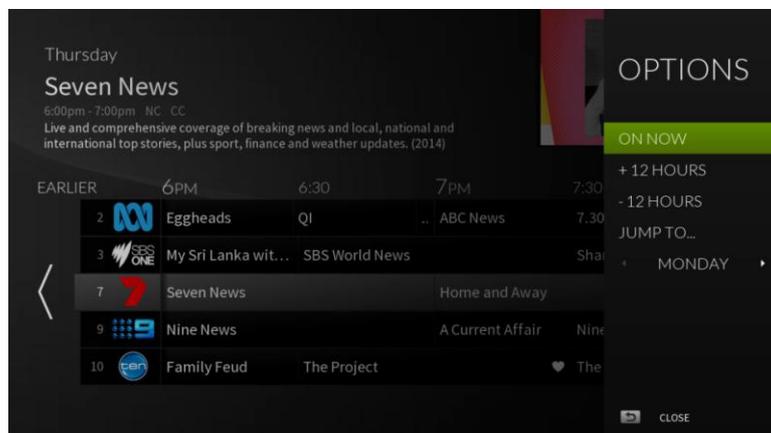


What does Options do?

Press the green button to bring up the **Options** Menu.

Arrow down and press 'OK' to jump ahead 12 hours, or arrow down further to jump to a specific day. You can arrow across to the day of your choice.

Arrow back up to select 'On Now' to return to what's on or just press 'Back' or 'Return' to go back to the **Guide**.



What does the shading on a program in the Guide mean?

The shading on programs in the **Guide** shows you how much of the program has gone to air.

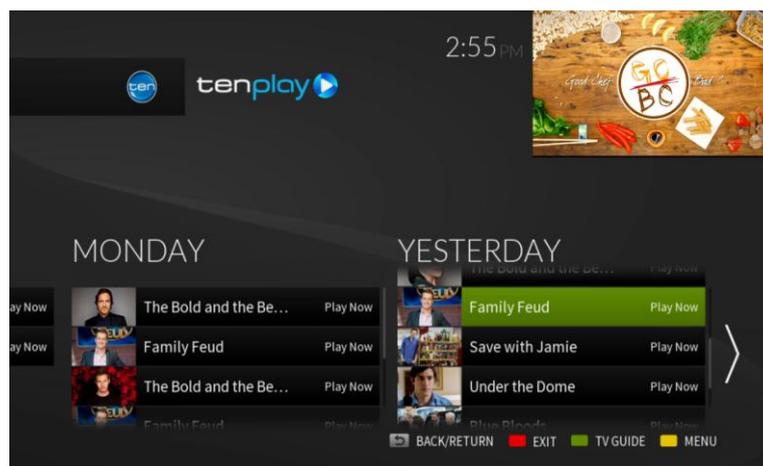
3. Enjoying Catch Up TV

How can I watch Catch Up TV on my TV?

You can access Catch Up TV from the mini guide or **Guide** by arrowing left on the highlighted channel you're on (only if Catch Up is available on that channel). An arrow will indicate whether Catch Up TV is available on that channel.

Here you have direct access to seven days of Catch Up TV. Once you get to the end of the seven days, you can go directly into the network's Catch Up service to browse further.

Just press 'OK' when you see **More** from the channel's Catch Up service.



How do I play Catch Up programs?

You can play Catch Up programs by pressing 'OK' on your remote when a program is highlighted with 'Play Now' as an option.

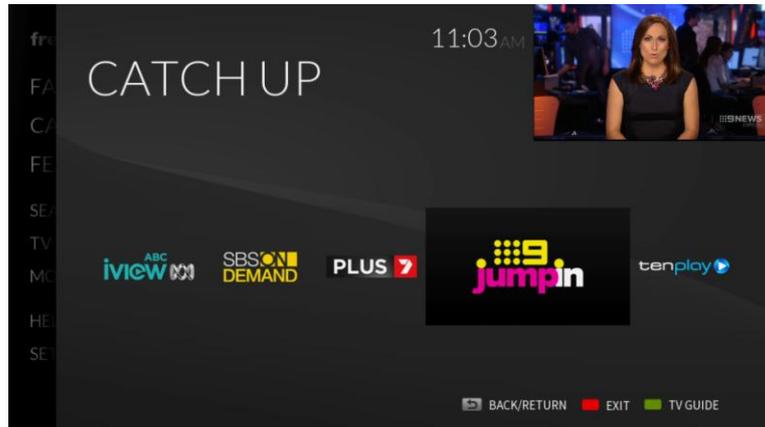
If a program shows 'Available Soon' it is not yet available to watch, but will be soon.

Are there any other ways I can watch Catch Up?

Another way to access Catch Up TV is to press the yellow button on the remote when you see the yellow **Menu** button at the bottom of the screen.

Press 'OK' on Catch Up in the **Menu**.

Arrow right through the services and simply press 'OK' to go to the service you want to browse.



4. How to set reminders and favourites

How can I set a reminder?

Reminders make it easy to remember when your favourite shows are on by keeping track for you.

There are two ways to set a reminder.

When you're looking at a program in either the mini guide or **Guide**, you'll see an option at the bottom of the screen to **Set Reminder** on the blue button. Do this when a program is highlighted in the guide and it will set a reminder.

You'll see a drop down notification that lets you know that your reminder is set, or it will give you an option to set the reminder for an episode or a series. Press 'OK' on your choice.

You will also see a clock symbol against the program on the guide, which means a reminder has been set. Press the blue button again to cancel the reminder.

If you're looking at the program description screen, you can press 'OK' when 'Set Reminder' is highlighted.

You can change your reminder lead time in the **Settings** section of the **Menu**.

If your reminder lead time is five minutes, then five minutes before that program is due to start, there will be a pop-up reminder on your TV screen.



Can I use FreeviewPlus to help keep track of my favourite shows?

Yes. With FreeviewPlus, you can also make a program a favourite.

Favourites helps manage your favourite shows by listing episodes coming up in the future, and how many days are left on a Catch Up episode. This makes it easy to keep track of programs on live and Catch Up TV.



What does the heart symbol mean?

The heart symbol is your **Favourites** icon.

Press 'OK' on a program selection and arrow right to the heart symbol.

Press 'OK' when the heart symbol is highlighted.

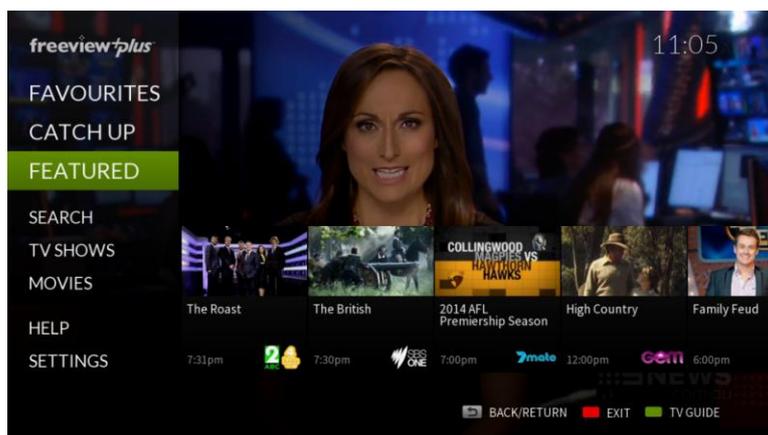
A drop down notification at the top of screen shows your favourite has been added.

Press 'OK' on the heart symbol again to cancel.

5. Understanding the Menu

What is the Menu?

The **Menu** is where you can browse and search for **Movies** or **TV Shows**, change your settings, look for **Featured** programs, access the available Catch Up TV services and go straight to your favourites to keep track of the shows you love.



Where will I find the Menu?

To access the **Menu**, press the 'yellow' button on your remote when that option is at the bottom of your screen.

You'll then see the **Menu** on the left-hand side of the screen.

6. Featured

How does Featured work?

Featured provides a great guide to what's on, with recommendations of the best shows on today, on Catch Up TV and coming up over the next week.

Press 'OK' or 'arrow right' to open the **Featured** section and arrow across each show to find out what's on.

Featured shows the best of what's coming up in the next 24 hours in 'Don't Miss'.

Each tab has a recommendation of up to three shows per network; just arrow down to see them.

Arrow up or across to see our top picks across the next seven days in 'Coming Soon' or back to see the featured programs in Catch Up.

You can find out more about a program by pressing 'OK' on the show you're interested in, and set a reminder or a favourite.

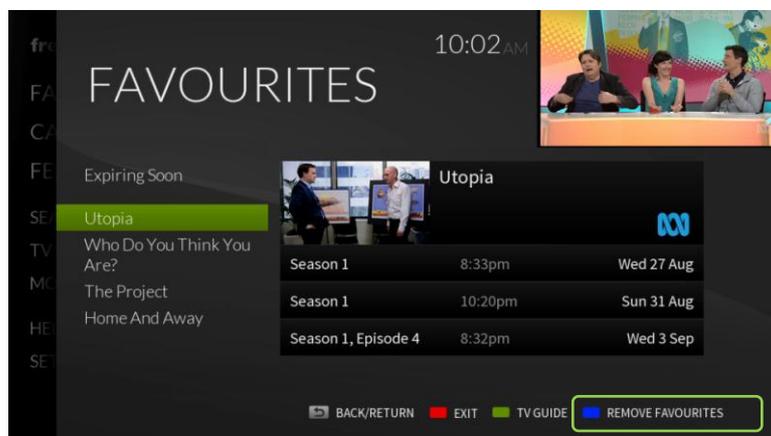
7. Managing Favourites

Once you've selected your favourites, you can access your list of favourites to see when programs are available next, and when a Catch Up episode is going to expire.

In the Menu, press 'OK' or arrow right on **Favourites** to go straight to your list of favourites.

Arrow down through your programs to see what's available to watch now, coming up and in Catch Up.

Arrow up to **Expiring Soon** to see all the Catch Up episodes of your favourite shows.



Can I remove shows?

Yes. You can also remove shows from your favourites list by pressing the blue button.

Press 'OK' to confirm.

8. Watching Catch Up TV

The **Menu** provides an easy way to access all the available Catch Up services in one place.

In the **Menu**, press 'OK' or arrow right on 'Catch Up' and you can see the available Catch Up TV.

Arrow across and select 'OK' on the network's Catch Up service you want to explore. You will be taken directly to that Catch Up service to browse for your favourite shows.

9. Browse and Search

How can I browse and search for programs?

If you know the name of the program you're looking for, you can go straight to **Search** in the **Menu**. Go to the **Menu** by pressing the yellow button where that option is shown at the bottom of the screen.

Using the **Menu** on the left, arrow down to highlight **Search**, press 'OK' or arrow right and you'll be taken to the **Search** screen.

Use the arrows, letters and 'OK' on your remote control to type the name of the program you're looking for. This will intuitively help you as the more letters you press, the more your search is refined.

You'll see a list of possible results in alphabetical order. If your show comes up, arrow across to highlight the program and press 'OK' to select.



What if I just want to browse what's on?

If you're not sure of what you want to watch, but you feel like watching a specific type of show, such as a drama or a documentary, you can do that in this section.

In the **Menu**, you can browse **Movies** or **TV shows**.

Highlight **TV Shows** and arrow right to select a program type or genre, arrow down through the selection and press 'OK' on your choice. A list of programs will appear.

You can narrow the search further with the sub-genre menu on the right.

Arrow right to the sub-genre and down through the sub-genres until you find something that is of interest. Press 'OK' and arrow right to the program list to make your choice.

Programs are ordered with the next available at the top of the list.

You can also browse **Movies** in the same way. All you have to do is select **Movies** in the **Menu** and browse by movie type or genre.



10. Changing Settings

How do I change my settings?

There are a few settings in your FreeviewPlus service that you may want to change from time-to-time.

You can do this in the **Menu**.

Press the yellow button to activate the **Menu**, arrow down to **Settings** and arrow right or press 'OK'.

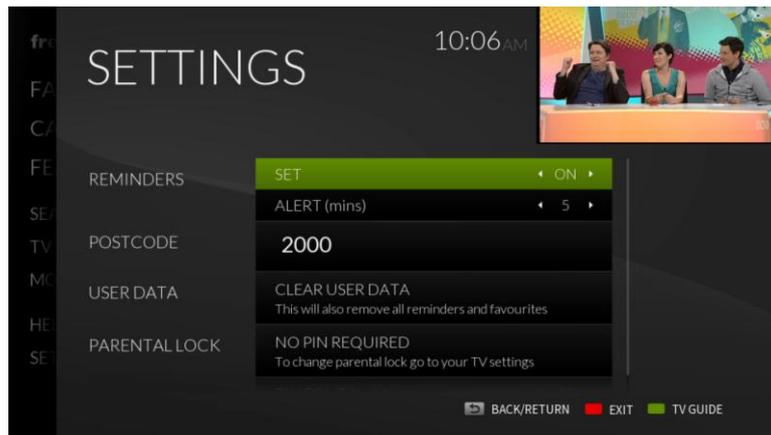
Here you can change the amount of time you want the mini guide to stay on screen and you can change the lead time on your reminders. Choose from one minute, two minutes and five minutes.

All you have to do is use the left or right arrow and press 'OK' to select.

You can also change your postcode when you move home to make sure you're always getting the local TV networks.

If you need to clear your history, you can do this here as well. This will also remove all reminders and favourite settings.

You can see what Parental Lock has been set. If you want to change the Parental Lock, you will need to go into your TV receiver's settings.



Can I record programs?

Yes. It's easy to record a program if you have a FreeviewPlus certified PVR.

If you wish to record a program in the program description screen, press 'OK' when 'Record' is highlighted.